

Summer 2026

# Extracurricular Activities

Student Life & Development Office

# MONDAYS: Sports Night

This activity is a great way to stay in shape while learning about Italian fitness culture. Soccer is a key part of Italian sports and the focus of our sports night. Even if you're not an athlete, everyone is welcome to enjoy the game on the field or cheer on your classmates from the stands.

**Meeting Point and Time:** 8:45 pm, FAST/FLY, Borgo Pinti 20r

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June

**1st, 15th, 22nd**

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July

**6th, 13th, 27th**

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# WEDNESDAYS: Connecting Cultures and City Walks

This activity aims to boost cultural awareness and guide students in their educational goals and personal development during their time in Florence. Through Connecting Cultures, students have the chance to engage with the Florentine community and explore the city.

**Meeting Point and Time:** 8:45 pm for all dates, see below for locations.



Date	Time	Activity	What	Meeting Point
May 27th	8.45pm	City Walk	San Giovanni Quarter	Piazza Duomo <i>(on church steps)</i>
June 17th	8.45pm	City Walk	Oltrarno Quarter	Ponte Vecchio <i>(by the statue in the middle of the bridge)</i>
July 8th	8.45pm	City Walk	Medici Quarter	Piazza Duomo <i>(steps in front of the church)</i>
July 29th	8.45pm	City Walk	The Lungarni and the Arno Bridges	FUA <i>(Corso Tintori 21)</i>

# WEEKENDS: EFL - Educational Field Learning

EFL provides students with first-hand learning experiences that show them how to step away from the typical tourist mindset and experience the world through a native lens, creating a clear view and everlasting impression on their minds. EFL offers a well-organized and safe environment that makes the students feel comfortable and secure while away from home.

## Destinations

Destinations include **Chianti Olive Oil, Rome, Cinque Terre** and much more!

See the complete list of **Summer 2026** at this link:

<https://www.studentlifeflorence.it/efl/>



To sign up and for further details,  
please consult the above link or  
contact [efl@florencecampus.org](mailto:efl@florencecampus.org)



# ONGOING: Palazzi Community Center

Ongoing events at the Palazzi Community Center in Via Ricasoli 21 are open to the FUA and AUF community and the general public. Readings, seminars, exhibits, local producers, and much more are featured on a regular basis. Please visit the community center calendar the following link for exact dates, times, and featured topics: <https://www.palazziflorence.com/eventi>



Scan the code to view the calendar.

For further details, please contact:  
[info@palazziflorence.com](mailto:info@palazziflorence.com)



# SIGN UP For SLD Extracurriculars

Unless otherwise stated, please sign up for all student services activities through the **MyFUA portal**. You will find the activities sign-up in your personal area.

The deadline to sign up is 4:00 PM on the same day of the activity.

**Registration is required for all activities you wish to attend;** failure to register may result in cancellation. Knowing the number of participants in advance allows us to plan, organize, and better serve you. We kindly ask for your cooperation.

If you register for an activity, you are expected to attend. Please note that failure to attend without prior cancellation may affect your ability to participate in future activities.

***Please note: All calendar events (including times, locations, and activities) are subject to change. Be sure to check our weekly email announcements for the most up-to-date information.***

For further information or questions, please contact:

Email [sld-studentservices@student-life.it](mailto:sld-studentservices@student-life.it)

Tel. **+39 055 2633128**

Student Life & Development, Corso dei Tintori 21

Summer 2026

# Dining in Florence

Student Life & Development Office

# FEDORA School Pastry Shop & Bistrò

FEDORA is a school pastry shop and bistro that reinterprets Italian Pasticceria from an international perspective, operated by the students and faculty of AUF and FUA through experiential learning.

FEDORA's menu satisfies the palates of diners seeking international and seasonally inspired dishes.

## OPEN MONDAY TO SATURDAY

Pasticceria	<b>8:30AM - 9:00 PM</b>
Lunch	<b>12:00PM - 3:00 PM</b>
Afternoon and Aperitivo	<b>4:00PM - 11:00 PM</b>



**Via Ricasoli 21 Firenze – Italy**

**Scan the code to view the menu.**

For further details, please contact:

**[info@fedoraflorence.it](mailto:info@fedoraflorence.it)**





# YOGA CLASSES

AT PALAZZI COMMUNITY CENTER

👉 SCAN FOR INFO!



Single lesson: **15 €**

Package of 4 lessons: **40 €**

**Reservations are mandatory by the Tuesday before the session.**

Free yourself from stress and rediscover the well-being of body, mind, and spirit! Join us **every Thursday from 7:00 PM to 8:00 PM** for a rejuvenating yoga experience, set in the beautiful surroundings of the Palazzi Community Center.

## CONTACT US

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